



Cyber Resilience

Three Unions, Three Sectors, Three Perspectives



POA Scotland

POA Scotland represents Uniformed Prison Grades and staff working within the field of Secure Forensic Psychiatric Care. One learner attended an interactive presentation at the POA Conference in Ayrshire in October 2017, and a workshop at the Scottish Union Learning Conference in November 2017. The POA learner knew a reasonable amount of information about cyber security prior to the course, including phishing, spam, passwords, etc., and used digital skills on a regular basis at work and at home. However, since taking part in the training, the learner indicated that he knew more about weak passwords and making passwords more secure, which he plans to use in his workplace and personal life. He said: "As a direct result of the workshop, I have installed and am now using 'sticky password' to be more secure." The learner has shared his new knowledge about how to set secure passwords and spot fake emails with at least 30 reps and members across the prison service.

“Training on personal cyber security is very important for prison officers. For example, one PO had to change all his personal details on Facebook because of offensive posts from an ex-prisoner. Security training and social media awareness are essential to keep our families and personal lives safe.”

ASLEF

ASLEF is Britain's trade union for train drivers. An ASLEF learner attended a Personal Cyber Security workshop in February 2018. Although he knew a fair amount about cyber security prior to the workshop, he was really interested in protecting himself online. After the workshop, the ASLEF member said he uses the information he learned about password security in the workplace and shared the information and tips he learned. He said: "I told my wife and a fair few of my friends. I feel better knowing that they are being safer online, too." The learner feels he now has more knowledge on cyber security and wants to learn more. He said: "I certainly know now how to look out for spoof emails and spoof websites, and I'm more aware of what phishing looks like. I will be on the lookout for Cyber Security and GDPR as both are updated."



Usdaw

Usdaw is the union of shop, distributive and allied workers. Prior to attending a Personal Cyber Security workshop, one Usdaw learner had very limited knowledge on the subject, and had just heard through the media about cyber attacks. She said: "I learned so much about passwords, and not using the same one for everything. I also learned to check for 's' in 'http://' for genuine, secure websites." The Usdaw learner has shared what she learned with friends, family and colleagues, and has changed her own passwords to be more secure. She would like more courses like this to be offered in the future, to bring cyber security to the attention of more members in her union.